



## Top-rope Climbing Workshop

### For whom is this workshop designed?

This workshop is for anyone who wants to get introduced to rock climbing. The sessions and the climbing routes are designed for absolute beginners.

### What will you learn in it?

- Basics of Anchor building.
- Equipment science.
- Basics of footwork and climbing technique.
- Top rope belaying
- Rock climbing four routes

### Post-workshop

Post this introductory workshop you will understand how climbing resonates to you. You will understand climbing equipment and its use. You would have progressed towards becoming an independent climber.

**Duration:** 1 day (5 hours)

**Fees:** 1500 Rs (includes GST @ 5%)

**Includes:** Climbing equipment, Climbing shoes, Instructions, Snacks/fruits.

**Excludes:** Transport, Lunch/Breakfast.