

Dear Parents,

The summer of 2024 in the Indian Himalayas will be a memory of a lifetime for any kid. As for the parents, we know a trip to India for the summer will require a lot of planning and preparation. So here is a getting-ready Guide, designed to give you more information and help you complete the necessary forms for your camper.

For general information about the program go to our webpage.

Timeline of the program -

Month	Action
1st Oct - 31st Dec 2023	Securing your seat and transferring the booking amount.
1st Jan - 29th Feb 2024	Applying for and securing a VISA
31st March 2024	Complete Payment of the Program fee
1st Apr - 30th June 2024	Filling out forms, planning, and preparations
13th July 2024	International flight to New Delhi, India
14th July 2024	Discover Himalaya Program begins
9th Aug 2024	Discover Himalaya Program concludes
10th Aug 2024	International flight back to Denver from New Delhi, India

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Required Forms Overview

All the camper forms are attached as a hyperlink in this Getting Ready Guide. Please read it now so you can prepare for camp and complete the forms that need the most lead time. All the forms need to be printed, filled, signed, scanned and sent back to us in the same email thread. All the forms need to be submitted by 30 June 2024. Please feel free to reach out to us in case you need help filling out any of the forms. We recommend printing and keeping copies of each completed form for your records.

0) Registration Form - This is the first step in starting your registration process or letting us know of your interest in the program. It is also the best way to connect with us and ask us your questions about the program. This form can be found on our website <u>here</u>.

1) Camper's Profile.pdf- This form is very important for the children enrolling themselves in the Discover Himalaya Program! Please fill it out thoroughly.

2) Medical information - Please fill out the form attached to give us a good idea of the medical history of the campers and their medications if any. In case there is any information that the forms do not gain from you, and want to inform us about it, do write to us directly. We will need to know everything in advance to prepare.

- Medical History Form.pdf
- Physician Examination Form .pdf
- Permission for Medication Administration Form.pdf Regulations require that we have written authorization from a licensed healthcare provider to give your child any prescription, or over-the-counter medications including vitamins or homeopathic treatments.
- Immunization Form.pdf
- Parent's authorisation for treatment Form .pdf The parent/guardian authorization for treatment must be printed, signed, and returned. Without this authorization, other health professionals will be unable to treat your child if the need should arise.

All medications must be in original containers and labeled with the camper's name, and dosage.

3) Travel Forms - All the campers will meet at Denver Airport in the US, where the US instructors will accompany them on their flight to Delhi. At New Delhi, the instructors from Beyond The Wall greet them, help collect their luggage and have them settled into their rooms.

For the domestic and international round trip please provide the camper with sufficient money for their food and other requirements. Any meals or expenses on air travel are not included in the program fee except for the international flight ticket expense. This travel money is separate from the allowance money.



We require written consent from the parents for their child to travel alone. We also require you to provide us with the travel itinerary to the Denver Airport. This form needs to be filled out even if you plan on driving your child to the airport.

- Consent for Child to Travel Alone Form.pdf
- • Home to Airport Travel Itinerary form.pdf

4) Liability Release Form - Safety is our primary concern in providing a successful Himalayan experience at Beyond The Wall. By following strict safety practices and hiring an outstanding staff, we have an excellent safety record. In addition to the parent(s), campers are also asked to sign. Final acceptance to camp is contingent upon receipt and review of this liability release form below.

Liability Release Form.pdf

5) Allowance Money for Child Form - The campers can bring up to 1000 dollars for their expenses, shopping for souvenirs, etc. in Cash or on credit cards. That is more than enough for any shopping or emergency. It's advisable to hand most of the cash in USD to the instructors for safekeeping or emergency use. A portion of it can be kept by the camper converted into INR and can be used by the campers whenever they are allowed to go shopping. At the end of the camp, we will return the remaining money to the campers in dollars. Please let us know beforehand how much money you will be sending with the campers through the form below.

Allowance Money for Child Form.pdf

On-trip Communication

You can contact either of the two numbers on WhatsApp in case of any emergency or queries.

Himanshu Thapa (program leader): +91 9368902524 E - <u>himanshu@beyondthewall.co.in</u>

Ayush Goyal: +91 8553238893 E - <u>ayush@beyondthewall.co.in</u>

24 x 7 Hotline - We'll communicate this number before the start of the trip. You can also reach us by email at <u>info@beyondthewall.co.in</u>



While we welcome calls and emails, during the journey we might not always be able to answer calls or reply to emails immediately. We assure you, that once back in the network, all calls will be returned.

You can contact the hotline number which will be available all the time and handled by our staff in Dehradun. They will be able to update you on the queries you might have.

1) Reports from the trip - All the campers will be flying to Delhi along with the instructors from the US. As soon as they land, the instructors from Beyond The Wall will be at Delhi airport to greet them. That evening, you will receive an email confirming their arrival along with photos of them in their accommodation. We must have an accurate e-mail address to do so. Please keep the program leader informed if you have any concerns about your child's experience.

2) Trip Photos Online - We will share a drive with you where we will upload photos of the campers and their activities twice a week. You can check on it every Monday and Friday to get updated. While we will try to put photos of every camper, we cannot promise that all campers and staff will be included in each week's photo upload.

3) A Care Package From Home - While this is a month-long program, the distance between the US and India is reasonably far, hence we do not want parents to send any care packages as they might not reach us on time and we will be changing locations quite frequently. We will provide everything the campers need and in case they want something extra, they can always speak to the instructor and we will try to get it in India itself.

4) Letters - Sending and receiving mail at camp is something we value and encourage. However, due to the distance, we know the letters will take time to reach. So we will click photos of the letters the campers have written and share them personally with each parent on WhatsApp or by email. Similarly, the parent's reply can be sent as a photo to the email and we will print the photos and share them with the campers.

Financial Information

1) Program Fee - All camp fees are to be paid in advance unless otherwise arranged.

2) Enrollment - To book your kids' seat we will require the booking amount by 31st December 2023 i.e. \$3000. The advance amount is fully refundable (apart from the transaction charges) in case you decide to not go ahead. We have 15 seats available on a first come first serve basis. By 31st March 2024, we will require the remaining payment of \$6100.

3) Cancellation Policy -

• More than 90 Days before the start day of the program, i.e., 13th July 2024 - 4% cancellation fee + Flight Ticket Cancellation Costs as per actuals (International and domestic).



- 90 60 days before the start day of the program 20% cancellation fee + Flight Ticket Cancellation Costs as per actuals (International and domestic).
- 60 30 days before the start day of the program 50% cancellation fee + Flight Ticket Cancellation Costs as per actuals (International and domestic)
- 30 days start day of the program No refund can be provided.

4) Notes About Cancellation Policy -

- The cancellation fee is calculated on the full Program Fees, i.e., \$9100.
- The money will be transferred to the bank accounts from where the payment was made.
- In the event the Program is unable to start due to world events, natural disasters, global pandemics, or any other reason, 20% cancellation fee + Flight Ticket Cancellation Costs as per actuals (International and domestic).
- Once the program begins, in the event of non-completion of the trip due to world events, natural disasters, a global pandemic, or for any other reason, refunds will be issued at our discretion.
- Parents are responsible for all costs of early departure from camp for any reason.

5) Program fee payment method - You can use apps like Remitly/Wise/Xoom/Paypal to transfer directly to our bank account.

Our Bank account details -Bank Name - State Bank of India Branch - Dehradun Main Branch (00630) Name - Beyond The Wall India Private Limited Account Number - 39735033034 IFSC - SBIN0000630 Swift Code - SBININBB380

Travel Details

Welcome to Beyond The Wall! We look forward to meeting you at the start of your program and hope the following information will help you get here with a minimum of difficulty and expense. The information below also shares some information on how to minimize the risk of illness while you travel.

Course Start

Arrive	On the 12th of July 2024
Meeting place	Denver International Airport
Meeting time	It will be circulated a month before the start of the program.



Flight Destination

Airport	Fly into Denver International Airport (DIA) to meet your group, then to New Delhi, India (DEL)
Date	On the 12th of July 2024

Flight Return

Airport	Fly from New Delhi (DEL) to Denver International Airport (DIA)
Date	10th of August 2024
FlightTransportation	

FlightTransportation

From Denver International Airpor (DIA) to New Delhi, India (DEL)	Beyond The Wall will provide
From New Delhi, India (DEL) to Denver International Airport (DIA)	Beyond The Wall will provide

1) Prepare to Travel to your Program-

- Submit all the required forms (camper's profile, medical information which includes vaccination and COVID documentation, travel form, liability form, and money allowances) as soon as possible. Once Beyond The Wall clears it you can start applying for the visa.
- Check that your medical insurance coverage will be adequate for your travels.
- For international Travel: •
 - Check that your passport is valid for the appropriate dates.
 - Arrange a visa and/or parent letter if needed.
 - Notify your bank/credit card company that you will be traveling internationally.
 - Get cash in local currency.
 - Prepare for important cultural considerations.
 - Get inoculations as required.
- Minimizing the risk of exposure to COVID-19 while traveling (follow CDC recommendations <u>here</u>)
 - Practice physical distancing (6 feet) when possible.
 - Wear a mask when indoors or in close contact while out of doors.
 - □ Wipe down surfaces with disinfecting wipes before touching them.
 - Practice meticulous hygiene with frequent handwashing and hand sanitizer use.

2) Passport- You will need a valid passport for the duration of your stay in India for 30 days. If you already have a passport, check the expiration date. Passports are valid for a period of ten years from the issue date.



If you don't have a passport, please apply for one now. For your first passport, you must complete Form DSP-11, Passport Application, available at passport agencies, federal, state, and country courts, and some U.S. Post offices. Ask where you will need to personally present your application. You will be required to provide two forms of positive identification of U.S. citizenship, including:

- 1. Certification copy of your birth certificate.
- 2. Current driver's license (with photo)
- 3. Two (2) passport-size photographs.

Your trip abroad, a publication compiled by the U.S. Bureau of Consular Affairs, may be especially helpful. This publication may be available at a local travel agency. It is also available through the Superintendent of Documents, U.S. Government Printing Office, Washington, DC 20402. Request Department of State Publication 8872.

For current information, American citizens can reference the U.S. State Department's website at:<u>https://travel.state.gov/content/travel.html</u>

3) Tourist Visa- As of this writing, international travelers entering India are required to have a visa.

Option 1: Apply on your own-

Please use the following link to apply for 30 30-day, one-year, or five-year e-tourist visa. <u>https://indianvisaonline.gov.in/evisa/tvoa.html</u>

* As the program is of 29 days, you can choose the 30-day visa option.

Option 2: Apply with a third-party service - the Indian consulate suggests VFS Global apply for Indian Vis-

To obtain a tourist visa, log onto this website and follow the

instructions:<u>http://www.in.vsf.us/visa</u>. As of June 21, 2019, the Indian Embassy and Indian Consulate Generals within the U.S. have outsourced the visa collection and delivery process to VSF Global Services (VSF).

Option 3:

You may also choose to use a third-party service, such as TRaVisa. This is a paid service that does not guarantee a faster-processed visa. Essentially, you pay an additional fee to have someone else communicate with VSF. This is convenient for individuals who may have limited time to handle this process. The visa requirements remain the same. Go to the TraVisa website for more information<u>https://india.travisa.com/</u>

4) Filling Out the Visa Application-

The visa application will ask for the type of visa requested and the duration; state that you would like a 30-day or 1-year TOURIST visa. These tourist visas are valid for 1 or 5 years from the date of issue. Each visit will be valid for 90 days.



Indian Tourist Visa Requirements for U.S. Citizens (Always check the website for the most up-to-date list):

- 1. A signed passport that is valid for 6 months beyond the intended stay in India, with at least two empty pages available for the visa stamp.
- Two copies of the Indian Visa application, signed by the above passport holder. Note: Signatures are needed under your required photo as well as on the bottom of page two.
- 3. A passport-type photo is needed. Check the website for specifics.
- 4. Proof of Residential Address; this must match the address used on the Indian Visa application.
- 5. "India Particulars Form"

Very important: Please note that irrespective of the duration of your visa, foreigners are only allowed to stay a maximum of 6 months per visit. Ensure that your visa is valid through the last day of your course plus any extra days that you will be staying in India. It is not possible to extend a visa while in India.

The visa application asks for "object of journey"; state that you will be traveling in the state of Uttarakhand, *not that you are a student*. Beyond The Wall differs from a traditional school and is not recognized by Indian travel authorities as a school.

The visa application will require the name and address of one reference in India. Please use the Beyond The Wall Program Leader:

Himanshu Thapa (program leader) Beyond The Wall India Private Limited, nr. PnB Purkul Branch, Salan Gaon, Bhagwant Pur, Dehradun, Doom Gaon, Uttarakhand 248009 Contact: +91 9368902524 E - <u>himanshu@beyondthewall.co.in</u>

Packing List

1) Group Equipment - Group camping gear like tents, equipment like climbing gear, rafts, mountain bikes, etc will be provided by Beyond The Wall. However, the campers are expected to carry their own sleeping bags and backpacks throughout the camp. The list is given below.

2) Clothing And Shoes -

- 1 Woollen cap
- 1 Sun cap or baseball hat
- 1 Balaclava



- 6 T-shirts
- 2 Night pyjamas
- 3 Long-sleeves T-shirts
- 1 Fleece jacket
- 1 Windproof/Rain jacket
- 1 Rain pants
- 1 Padded Jacket
- 2 Warm sleepwear
- 1 Long underwear top/bottom (non-cotton)
- 6 Shorts
- 2 Trekking pants
- 2 High altitude pants
- Rain jacket
- Supply of socks
- Supply of underwear
- 1 Pair of Water sandals/crocs
- 1 Pair of Comfortable/athletic shoes
- 1 Pair of Water-resistant trekking shoes

3) Personal Equipment -

- 1 Sleeping Bag (rated to -10 degrees)
- 1 Backpack (large enough for 8 to 9 days)
- 2 water bottle
- 1 Headlamp
- 1 Sleeping pad
- 1 Day pack
- Eating utensils and cup
- 2 Bath towels
- 1 Beach towel
- Toilet articles
- Sunscreen
- Sunglasses
- Lip balm

4) Other Miscellaneous Items -

- Camera
- Stationery
- Camelback-type water system
- Books

5) Laundry - Campers will receive laundry service twice a week. As campers have limited space for storing personal belongings, please do not pack excessive amounts of clothing or



linens. There will be no additional charge for laundry service. Please clearly label every item your child brings to camp; this helps children recognize their items and minimizes lost and found.

Policies And Procedures

1) The Camp Community - Each child must be able to live successfully in a physically active, engaged social community that includes constant interaction with other children. Campers should be able to follow directions from staff, be independent in their care (hair washing, teeth/ hair brushing, etc.), be willing to eat new and/or differently prepared food, be able to hike on uneven and varied terrain, and be able to sleep without significant external sleep aids (lights, sound machine, music, direct human contact, etc.). Beyond The Wall reserves the right to refuse admission or to send home without refund any camper who presents a safety concern, or medical risk or whose behavior is deemed disruptive or harmful to the best interests of other campers or the camp community. Both the parent(s) and their participating children understand they must follow all program rules. Alcoholic beverages, tobacco, Juuls, other vaping devices, narcotics, recreational drugs, and firearms/weapons are not permitted.

2) Electronic Devices - While the campers can fly into the country with their phones or tablets, once the program starts, Beyond The Wall, will take their electronic items and keep them safe until the end of the camp. They will be returned on the last day in Delhi before their flight home.

Although we do allow music players to be brought to camp, their use is very limited, and loss or damage is always a risk. Camp cannot be responsible for lost or damaged electronics. They can also bring in DSLR or personal cameras to capture various memories. However, even if they don't, we will have a photographer with us throughout the camp who will be capturing all the activities whose photos will be shared with the parents in the end.

3) Special Dietary Considerations - Beyond The Wall happily considers each camper's dietary needs, be it a gluten or lactose-intolerant or vegan/ vegetarian diet. We will accommodate some special dietary needs but it has to be informed beforehand. A child on a special diet must be aware of his/her dietary needs, be cooperative within his/her dietary plan, and self-advocate on trips or when away from the main camp area. He or she must be knowledgeable about what foods can and cannot be eaten and be willing to check in with our kitchen staff before each meal.

4) Nut Allergies - Our cooks are nut-aware and we do not use or serve products with hidden nuts or nut oils. However, we do serve peanut butter, granola with nuts, some desserts that include nuts, and occasional nut garnishes for some other foods.

5) Gluten Allergies - Our cooks are gluten-aware and can provide alternate options for gluten intolerance.

6) Lactose Intolerance - We provide soy milk as an alternative to cow's milk.



7) Vegetarians - India has no shortage of healthy, tasty vegetarian food and there will always be a vegetarian option served in each meal.

8) Travel Insurance - We provide travel and medical insurance as part of this program. The specific details of this travel insurance will be shared with the parents/guardian before the start of the trip. The general details of the said insurance can be found in the document attached below.

Discover Himalayas Travel & Medical Insurance Details.pdf

If you would be opting for a different travel or medical insurance for any reason, you would need to share the details of the same with us along with all the other forms.

9) Taking Care of your Child - Your child's safety is our priority and we take the responsibility of selecting and training our staff very seriously. Beyond The Wall follows international safety standards. We do background checks on all staff members. Our staff is well prepared to work with children, and we have strict guidelines for all staff concerning appropriate interaction with children.

10) A Note About Sunscreen - It is essential to have sunscreen for any outdoor activity in India. Send a sufficient supply of your preferred sunscreen with your camper and make sure he/she understands that they should use the sunscreen you have provided. The instructors will also remind the campers to apply sunscreen each day before the start of any activity.

11) Certifications Provided To The Camper -

- WFA certification Details about the course and certification are <u>here</u>.
- Beyond The Wall completion certificate.

Closing

Please feel free to reach out to us at info@beyondthewall.co.in with any of your queries and concerns.