



Lead-climbing Workshop

For whom is this workshop designed?

This workshop is for anyone who is confident in rock climbing on a top-rope setup and wants to progress towards being an independent rock climber.

What will you learn from it?

You will learn to lead climb and lead belay on a bolted route.

Topics covered

- History of bolting and story of sport climbing.
- Bolts and bolting routes.
- Understanding equipment.
- Leading on demo lead wall and cleaning anchor.
- Mock leading a route and possibly leading it. (One route)
- Taking a lead fall.
- Understanding climbing grades.
- Lead belay and catching a lead fall. (three routes)
- Top roping other routes.

Post-workshop

Post this workshop you will develop a better sense of rock climbing. You will create and at the same time get over the fear of falling. You will progress towards being a fully independent rock climber and travel to beautiful climbing destinations worldwide.

You will be able to lead bolted routes (sport routes) as per your climbing grade in presence of an experienced climber and lead belay him/her.

Duration: 2 days (5 hours each day)

Includes: Climbing equipment, Climbing shoes, and Instructions.

Excludes Transport, Lunch/Breakfast.