



Top-rope Climbing Workshop

For whom is this workshop designed?

This workshop is for anyone who wants to get introduced to rock climbing. The sessions and the climbing routes are designed for absolute beginners.

What will you learn in it?

- Basics of Anchor building.
- Equipment science.
- Basics of footwork and climbing technique.
- Top rope belaying
- Rock climbing four routes

Post-workshop

Post this introductory workshop you will understand how climbing resonates to you. You will understand climbing equipment and its use. You would have progressed towards becoming an independent climber.

Duration: 1 day (5 hours)

Includes: Climbing equipment, Climbing shoes, Instructions, Snacks/fruits.

Excludes: Transport, Lunch/Breakfast.